



**5K Run/Walk & Kids Fun Runs**  
**Free Arts Festival**  
**Saturday, August 26, 2023**  
 William Land Park, Sacramento  
[RacefortheArts.com](http://RacefortheArts.com)

# Entry Form

Office Use Only

**Complete form, sign waiver,  
 enclose check and make payable to:**

**Race for the Arts**  
**P.O. Box 799, Folsom CA 95763**

## 5K Run / Walk

- \$25 for ages 15 and younger
- \$35 postmarked through August 16
- \$40 after August 16 and on race day

## Kids Fun Run (must be 10 & under to enter)

- \$25 postmarked through August 16
- \$25 after August 16 and on race day
- Only one person per entry; copies of entry form are acceptable

<b>1</b> <input style="width:90%; height: 15px;" type="text"/>	<input style="width:100%; height: 15px;" type="text"/>	<b>2</b> <input style="width:90%; height: 15px;" type="text"/>		
<i>Last Name</i>	<i>Middle Initial</i>	<i>First Name</i>		
<b>3</b> <input style="width:90%; height: 15px;" type="text"/>	<b>4</b> <input style="width:90%; height: 15px;" type="text"/>			
<i>Mailing Address</i>	<i>Apt #</i>	<i>E-Mail Address (important for race updates)</i>		
<b>5</b> <input style="width:90%; height: 15px;" type="text"/>	<b>6</b> <input style="width:15%; height: 15px;" type="text"/>	<b>7</b> <input style="width:15%; height: 15px;" type="text"/>		
<i>City</i>	<i>State</i>	<i>ZIP Code</i>		
<b>8</b> <input style="width:25%; height: 15px;" type="text"/>	<b>9</b> <input style="width:25%; height: 15px;" type="text"/>	<b>10</b> <input style="width:25%; height: 15px;" type="text"/>		
<i>(Area Code)</i>	<i>Day Phone</i>	<i>(Area Code)</i>	<i>Evening Phone</i>	<i>Birthday(mo/day/yr)</i> <small>(required for all entrants)</small>
<b>11</b> <input style="width:15%; height: 15px;" type="text"/>	<b>12a</b> <input style="width:15%; height: 15px;" type="text"/>	<b>13a</b> <input style="width:15%; height: 15px;" type="text"/>	<b>14a</b> <input style="width:15%; height: 15px;" type="text"/>	
<i>Age on Aug. 22</i>	<i>Female</i>	<i>5 km Run/Walk</i>	<i>1/2 Mile (7-10 yrs)</i>	
	<b>12b</b> <input style="width:15%; height: 15px;" type="text"/>	<b>13b</b> <input style="width:15%; height: 15px;" type="text"/>		
	<i>Male</i>	<i>1/4 Mile (6 &amp; under)</i>		
<b>15</b> <input style="width:15%; height: 15px;" type="text"/>	<input style="width:15%; height: 15px;" type="text"/>	<input style="width:15%; height: 15px;" type="text"/>	<input style="width:15%; height: 15px;" type="text"/>	<input style="width:15%; height: 15px;" type="text"/>
<i>Adult</i>		<i>Youth</i>		
<i>Sm</i>	<i>Med</i>	<i>Lg</i>	<i>XL</i>	<i>XXL</i>
<i>XSm</i>	<i>Sm</i>	<i>Med</i>	<i>Lg</i>	
			Enter online at: <a href="http://www.RacefortheArts.com">www.RacefortheArts.com</a>	

**READ AND SIGN BELOW. ENTRIES WITHOUT SIGNED WAIVER AND RELEASE ARE NOT ACCEPTED**

**Waiver:**

Liability and Publicity Release: I know that running/walking a road race is a potentially dangerous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Sacramento, Capital Road Race Management, Sacramento Metropolitan Arts Commission, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, roller skates or blades, and animals, are not allowed in this race and I will abide by this and all other race rules.

**I HAVE CAREFULLY READ THIS WAIVER AND RELEASE AND UNDERSTAND IT IS A CONTRACT AND A RELEASE OF LIABILITY.**

**16** \_\_\_\_\_  
 Signature Date (All entrants must sign waiver. If under 18, parent or legal guardian must sign waiver.)